The Orthodox Herald

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ST. PANTELEIMON

In the church of St. Tikhon monastery in St. Canaan, PA, one of the main icons is that of St. Panteleimon. It depicts a young man attired in expensive clothes holding a spoon and a box with medicine.

How did this young man be come a saint?

He was born in Nicomedia of a Christian mother and pagan father. He was a skilled physician and was appointed as the private physician of the ruler Emperor Maximian. He lived a life of self-indulgence until a Christian friend reminded him that he was baptized as a Christian and convinced him to correct his ways. His conscience was awakened, his soul illumined and he was restored to a life in Christ and reconciled to the Church.

The persecution of Christians by Diocletian reached Nicomedia in 303 AD. St. Panteleimon was deeply touched by the plight of the poor and suffering. He distributed his possessions among the poor Christians and treated the sick and maimed without payment. He was denounced and arrested. The Emperor urged him to reject Christianity and he would free him. Panteleimon refused. With prayer and medicine, he miraculously cured a paralytic and a blind man. Even this sign of God's loving presence, power, and glory did not sway his torturers. Many different ways were used to attempt to kill him. He was finally beheaded on July 27/August 9, 305 AD at the age of 29.

He is beloved by all Christians and many pray for his intercession in times of sickness. He is remembered at each Divine Liturgy and his name is invoked at the blessing of water and oil.

A beautiful church dedicated to him can be found on the Holy Mountain. An enormous Russian monastery on Mt. Athos is also dedicated to him.

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"Thou shalt remember all the way which the Lord thy God led thee." (Deut. 8:2) There are important lessons to be learned from the past. We are not to live in the past, but to remember what God has taught us from the past.

A positive way to start each day is to look up and say with the psalmist, "This is the day the Lord has made; I will rejoice and be glad in it. Thank you, dear Lord, for the many graces and blessings You will provide me."

HOSPITALITY

The Bible often bears witness to the way the early Christians used their homes. Jesus was always welcome at the home of Lazarus, Mary and Martha in Bethany, nearly two miles from Jerusalem. Jesus must have felt very much at home here, for He "loved Martha, and her sister and Lazarus." (John 11:5).

Often difficult circumstances made the hospitable acts of the early Christians stand out, to be looked upon as especially precious. One example is when the Apostle Paul was called to make the long and arduous voyage to Rome to stand at Caesar's judgment seat. They arrived in Sidon the second day of traveling. Luke writes: "Julius (the Roman officer in charge) treated Paul kindly and gave him liberty to go to his friends and receive care." (Acts 27:3). How Paul must have appreciated this gesture, and what a welcome his friends must have given him into their homes, bestowing loving hospitality upon Him!

When St. Paul was shipwrecked a short time later on the island of Malta, the principal man on the island showed hospitality by inviting Paul and his companions to his home, which must have been a home of some comfort. "In that region there was an estate of the leading citizen of the island, whose name was Publius, who received us and entertained us courteously for three days." (Acts 28:7). But how glad Paul must have been a short while later when the travelers reached Puteoli on the mainland where, Luke reports, "we found brethren, and were invited to stay with them seven days." (Acts 28:14). Notice the entreaty, the warm, loving welcome, resulting in a seven-day stay.

The same note of entreaty marked the

(Continued on Page 15, Col. 2)

CHILDHOOD MEMORIES

When we were young, our senses came alive to things around us. Objects appeared larger and everyday occurrences could become a major event. Although we, as adults, may lose our child-like wonder and enthusiasm, our childhood remembrances often spark a special feeling within. For our people, many of those cherished memories center around the Church.

I recently spoke with one of our young-at-heart parishioners about her childhood memories. Her face lit up as she related the delightful story which dated back to the beginning of our Church. In 1913, when Anne was two and her sister Mary was four, construction had begun on our church. Daily her sister would borrow a neighbor's little, red wagon, put Anne in the wagon, and then travel down the street to the construction site. 'Inspector' Mary wanted to make certain everyone was doing their job correctly," Anne now recalls. When she was satisfied that they had made sufficient progress that day she would take Anne home and return the wagon to the neighbor's yard.

My mother, also, recalled the early years of our Church. For her, the sight of the bell made a lasting impression. "I remember seeing our Church bell before it was raised to its tower. It was still in a crate and stood on the ground beside the church. I was a very little girl and it looked so big."

Other parishioners spoke of the days when the only form of heat in the church was a pot-bellied stove in the basement. On cold days there was always someone nearby warming their hands and feet.

At that time people walked to church in all types of weather and then stood throughout Liturgy for there were no pews. Men stood on one side of the Church and women on the other. Children were expected to be quiet and attentive throughout Liturgy and if they weren't they could expect a stern look and scolding from any adult, not only their parents. The services were all in Church Slavonic

(Continued on Page 15, Col. 1)

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CHRONOLOGY

JULY 1999

DIED: Fr. Raphael Rozdelski, retired, in Michigan. Metropolitan Theodosius of Japan.

PRINCESS ALEXIA (of Greece) had her engagement to Carlos Morales Quintana blessed by Patriarch Bartholomew. She will be married in London in the Greek Cathedral of St. Sophia in July.

SEEN IN TURKISH MARKETS underwear briefs and T-shirts bearing the image of Jesus on the front and the Virgin Mary on the back. Archbishop Christodoulos expressed his sorrow over this.

THOSE WHO SERVED IN WORLD WAR II and remember the indignity of being unable to put their religious preference (Orthodox) on their dog tags will be surprised to find that there are now 26 chaplains on active duty: 8 in the USAF, 11 in the Navy, 7 in the Army. Besides this, there are 13 chaplains in the Reserves: 5 in the USAF, 3 in the Navy, 5 in the Army. On the retired list are 14 chaplains: 6 from the USAF, 4 from the Navy, 4 from the Army.

COUNSELORS are urging replacing the word Ageing with sageing. They urge older people to share their learning and experience with younger people by deriving meaning from their lives and sharing their wisdom. Think Sage not Age. It was customary in Orthodoxy at the turn of the century to go to a monastery to consult a spiritual sage - a STARETZ.

THE ALTAR WINE INDUSTRY is big business today. About 12 million bottles are consumed annually. According to Canon Law, it must be an absolutely pure product made from grapes. For the first 15 centuries both the Eastern and Latin churches used red wine, which is also traditional in the Jewish Passover banquet. In mid-15th century the Latin Church changed to white wine because the white altar linens were easier to clean. It is being recommended by various seminars that the Latin church return to red wine.

WHO HAS THE AUTHORITY? The Ecumenical Patriarch granted autocephaly to the Czech and Slovak Churches even though they had received autocephaly from the Moscow Patriarch in 1951. The Slavonic Churches recognized the first autocephaly. The OCA in America was granted autocephaly in 1970 by the Moscow Patriarch. It is recognized by the Slavonic Churches but not by those under the Patriarch of Constantinople. The OCA is larger than the Czech and Slovak Churches, which "have about" 20,000 faithful in 200 parishes, 80% of whom live in Slovakia.

AN ICON OF CZAR NICHOLAS II was brought to the Church of the Ascension in Moscow on Nov. 7 (the anniversary of the 1917 revolution). It exudes an aromatic resin.

THE SLOVAKIAN ORTHODOX THEOLOGICAL ACADEMY IN PRESOV, SLOVAKIA faces new problems. The school was housed in buildings which were reverted to the Greek Catholic Church. The Orthodox were given a dilapidated building on a side street. They renovated it for use. Their ownership was disputed. Now they are told that they can buy the buildings but the cost will include the improvements they have done to the buildings. The building includes a beautiful chapel, every inch of which is covered by icons, which were done by an American of Greek ancestry.

FROM THE ARCHPASTORAL LETTER of Great Lent of Bishop Job: "I am angered more than saddened when I hear of young people who are trying, even in a small way, to 'hear the word of God and keep it', but they find themselves discouraged and sometimes even ridiculed by their own parents, who feel that this is not 'normal' for someone their age who must live and function within a society that rejects the value of such things. Sunday morning Little League or soccer games will inevitably prevail over participation in the Divine Liturgy on the Lord's day. There is the tendency nowadays to accept as 'normal' many things which in fact are 'abnormal' for the Christian. And when the choice is between worship and sports, personal pleasure or other activities, God will simply have to wait!!! This all-too-common phenomenon, my friends, is nothing less than a tragedy and it affects too many of our people who consider themselves to be 'members in good standing.'"

ONE OF THE FOUNDERS of St. John Kronstadt Church in Bath, England was Sergei Kadleigh, who died in December. His grandfather was governor of Kronstadt when St. John was active. St. John visited the governor often and Sergei was born in the apartment where these visits took place.

THERE IS A GROWING DEMAND TO LEGALIZE CREMATION in Greece. The Greek Orthodox Church opposes cremation. Archbishop Christodoulos said: "The church has made its view clear. The tradition is burial. This is the procedure we recommend and follow."

THERE REMAINS A GREAT GULF between "Selske" rural priests and "gorodskee" priests. Patriarch Alexi of Russia reprimanded some clergy from cities who are living lifestyles more in keeping with the underworld than the priesthood.

FASTING ON WEDNESDAYS AND FRIDAYS was a custom in the early church, according to The Shepherd of Hermas, which was written around 120 AD. Thus it was in practice in Apostolic times. (Jesus predicted in Mark 2:18-20 that His followers would fast after His departure from the earth.)

CARDINAL KONIG in Vienna said that polls show that atheism remains strong in many former iron curtain nations. In the Czech Republic 73 percent of the population, 72 percent in former East Germany and 68 percent in Ukraine identify themselves as "nonbelievers." Further he said that: "it appears that religious leaders underestimated communism's intellectual heritage."

•Childhood Memories

and the hymns were sung by immigrants who sang with hearty voices.

Whether it was attended just on Saturdays or five days a week, the mention of Russian School evokes a variety of memories from former students. "We children in Russian School went several summers to Cascade Park (in a nearby city) for an all-day outing. We took lunches and rode there on a truck with the priest. It was an exciting time for us because it was during the Depression and, as kids, we never got to go anywhere special like that." This woman still has fond memories of a childhood experience which happened sixty years ago; unlike a young girl I recently met who is already "bored" with a popular national amusement park because she goes so often.

A red wagon, the Church bell, a pot-bellied stove, amd city park - all seemingly ordinary things to an outside observer, but when they are the focus of one's childhood memory-they become priceless.

Margaret Pysarchyk

•Always Important

fastened, the bell began to move. When the last bamboo rod was added, the buoyancy of the accumulated rods was so great that they actually lifted that enormous, heavy mass of bronze to the surface.

Likewise in a parish, you may feel that your contribution is insignificant. You may think that your bamboo rod is too small and light to make any difference, but it is necessary to lend strength to the whole.

ADVICE

Do not be afraid of misfortune and do not yearn after happiness. It is after all, all the same. The bitter doesn't last forever, and the sweet never fills the cup to overflowing. It is enough if you don't freeze in the cold and if hunger and thirst don't claw at your sides. If your back isn't broken, if your feet can walk, if both arms work, if both eyes can see, and if both ears can hear, then whom should you envy? And Why? Our envy of others devours us most of all. Rub your eyes and purify your heart and prize above all else in the world those who love you and those you wish well.

from "The Prison Chronicles"
by Alexandr Solzhenitsyn

* * * * * *

Only one life which soon may pass, only what's done with love will last.

•Hospitality

hospitality extended by Lydia of Thyatira. "When she and her household were baptized, she begged us, saying, 'If you have judged me to be faithful to the Lord, come to my house and stay.' And she made them come." (Acts 16:15). There was no refusing a welcome like this. No doubt, Lydia received much spiritual benefit herself in words of truth and encouragement, because she opened her home to the apostle Paul and his traveling companions.

Just a few verses later our attention is drawn to another hospitable home. Paul and Silas were in prison. About the middle of the night the jailer was awakened by a great earthquake that burst open the prison doors, and he was about to kill himself when Paul stopped him, assuring him no one had escaped. Struck with the evidence of God's hand in the incident, the jailer quickly grasped the opportunity to learn about God, and then he and his whole household were baptized. Then "when he had brought them into his house, he set food before them; and he rejoiced, having believed in God with all his household." (Acts 16:25-34).

How quickly that household bustled about to get a table set, and what a welcome was shown, although it was the middle of the night! To the jailer, it was the least he could do in return for the good news he had received. (1 Cor. 9-11).

Yes, the early Christians used their homes hospitably. Are our homes today like those of the early Christians? Are they warm and friendly, alive with cheerful voices and happy hearts? Are we "given to hospitality?" (Romans 12:13).

THE GREAT DOXOLOGY
researched and complied by
David M. Mastroberte
(15 years old)
http://surf.to/orthodox

Glory to you (Revelation 7:12) who show us the light! (Genesis 1:3-5) Glory to God in the Highest, and on earth peace, good will toward men. (Luke 2:14) Lord God, (Revelation 4:8) heavenly King, (Psalm 103:19) Almighty God (Genesis 17:1b) and Father, (Psalm 89:26) with the Lord Jesus Christ, (Romans 1:7) only Son of the Father, (John 1:18) and the Holy Spirit. (John 14:26; 15:26-27) We praise You, (Psalm 21:13) we bless you, (Psalm 103:1) we worship You, (Psalm 95:6) we glorify You, (Psalm 115:1) we thank You for Your great glory. (1 Chronicles 29:13) Lord God, (Revelation 1:8) Lamb of God, (John 1:29) Son of the Father, (John 1:14; 3:34-36; 14:13) You take away the sin of the world, (John 1:29) have mercy on us. (Psalm 123:2) You take away the sins of the world, (Romans 11:26-27) hear our prayer. (Psalm 4:1) You are seated at the right hand of the Father, (Mark 16:19; Acts 7:55) have mercy on us. (Luke 17:13) For You alone are Holy, (1 Timothy 2:5-6; Acts 4:24-28) You alone are the Lord, Jesus Christ, (1 Corinthians 12:3) to the glory of God the Father. Amen. (Phillipians 2:9-11) I will bless You day after day, and praise Your Name forever. (Psalm 96:2; 145:2) Count us worthy, O Lord, (2 Thessalonians 1:11) of passing this day without sin. (John 8:34; Romans 6:12-14) Blesses are you, o Lord, God of our Fathers (Prayer of Manasseh:1) and praised and glorified is Your Name forever. Amen. (Song of the Three Young Men:3) Let Your mercy, O Lord, be upon us because we have set our hope in You. (Psalm 33:22) Blessed are You, O Lord, teach me Your statutes. (Psalm 119:12) Blessed are You, O Master, make me understand Your commandments. (Psalm 119;27) Blessed are You, O Lord, You have been our refuge from one generation to the next. (Psalm 90:1) I said: Lord have mercy on me, heal my soul, for I have sinned against You. (Psalm 41:4) O Lord I have fled to You, teach me to do Your will, for You, O Lord, are my God. (Psalm 143:9-10) In You is the source of life and in Your light, we see light., (Psalm 36:9) Keep on loving those who know You. (Psalm 36:10)

•Kitchen Corner

1 onion, grated
2 eggs, beaten
salt and pepper
4 slices hard bread, grated
parsley
2 more eggs, beaten
1/4 teas. baking powder
fine bread crumbs

Mix the meat, onion, 2 eggs, salt and pepper, grated bread and parsley. Make meatballs. In another bowl, slightly beat the 2 remaining eggs. On a fairly flat dish mix the fine bread crumbs with the baking powder. Roll meatballs in egg, then in crumbs. Fry until light brown. Place on rack in baking pan and bake for about 30 minutes in 350° oven. Timing depends on size of meatballs.



THE BABAS TAUGHT ME

The day was hot and by the time Baba and I walked from the church to the car we were wet from perspiration. It was a relief when the car became cool after the air conditioner was turned on. Baba was unusually quiet: I hoped that the heat did not get to her. When I asked her, she replied that everything was alright but she was thinking about whether to complain or keep it to herself. After some time, she told me complaining won out.

She said: "I know that there are changes in what is considered proper to wear to the church. I don't wear gloves anymore; but I never go to church in a sleeveless dress and I sure don't think that tee shirts, bare midriffs and shorts are proper. I don't care how hot it is. That's too casual even for "Casual Friday" in the business world."

I agreed with her and I was surprised that she was aware of the business world. And then she continued: "As if the casual clothes are not enough, they lead to a too casual attitude in the house of God. They come in, some chewing gum, flop down into the pew without saying their prayers, and cross their legs. What, is the church the same to them as a movie theater or stadium?"

I asked her why this was bad; at least they came to church service. She said: "We go to church to meet God and experience His Grace through prayer and sacraments. We cannot experience the Liturgy with only our soul or mind. We experience it with our whole being, which includes our bodies. To pray and follow the Liturgy we use or mind and our soul. To make the sign of the cross, sing, kneel, look at the ikons, our smell the incense, we use our body. All these things are part of worship, and from this you can see that the way you dress, sit, stand and conduct yourself in church is part of worshiping God."

FUNDS

ALASKA AND MISSION FUNDS - Paul Stuchlak, **John Russian**, Michael Uhrin, John and Susan Petro, Ethel Watlock, Dorothy Laskovich, C.N. Leftheris

LIGHT MOMENT

It was a warm summer afternoon and three seminarians had a free afternoon. They decided to go fishing and rowed to a nearby island. It started to rain and they hurriedly returned to their boat and rowed toward home. Midway on the lake, the first seminarian realized he had left his tackle box back on the island. He said: "I'll be right back," and with these words he got up, stepped out of the boat, walked across the water to the island, and returned without falling in.

There was silence until the second seminarian realized that he had left his fishing rod on the island. "I'll be right back" and he, too, stepped out of the boat and performed the seemingly same miracle as the first. The astonished third seminarian looked around and realized that he left the fishing bait back on the island. "I'll be right back," he said, and he stepped out of the rowboat and immediately fell into the water. While they were pulling him back into the boat, the first seminarian said to the second, "Maybe we should have told him where the rocks are."

•Icon of the Urban Sky

the incongruously huge window I could see the cold panoramas of endless new modern buildings. There were no icons in the room, but I wanted to pray and stepped to the window. It was better to face that threatening Martian landscape, I thought, than to huddle in a corner pretending that nothing had changed. Suddenly, I felt that I was praying, easily and simply, as if really nothing happened. I was praying as if the sky were my icon and it was so close. Suddenly I felt that heaven is my home and the spaces round me are not frightening. I felt that man is free in his Christian faith."

ALWAYS IMPORTANT

The story is told of a heavy bronze bell that had sunk into a river in China. The efforts of various engineers to raise it had been of no avail. At last a man asked permission to make an attempt on one condition; that the bell should be given to his temple.

He then had his friends gather an immense number of bamboo rods. These are hollow, light and practically unsinkable. They were taken down by divers, one by one, and fastened to the bell. After many thousands of them had been

(Continued on Page 15, Col. 1)

Dabs of Thoughts

It is believed that St. Philip is the one who questioned Jesus about how the large crowd could be fed. (Matt 14:14-21). When Jesus hinted that He could, indeed, feed them and satisfy their hunger, Philip was doubtful. This is another example of just how human and weak the apostles were. Yet Jesus used him, and used them all, to preach and heal and spread the Kingdom.

One symbol for Jesus is the Lamb. Jesus is the Lamb of God who was sacrificed for our freedom. This symbol originated in the Old Testament with the lamb of the Passover, whose blood saved the people from death at the hands of the Egyptians. In the New Testament, Jesus is the Victorious Lamb and is often pictured with the Cross, the banner of victory.

St. Agapitus of the Kiev Caves was a famous natural doctor. He healed people by prayer and the prescribing of cabbage, which they were supposed to make into a sort of bread. He was so successful in healing that Prince Vladimir Monomachus consulted him and he was healed.

Many church groups have logos which appear on road signs directing one to a church. When one visits an unknown city and sees cupolas surmounted by a three-bar cross, he knows that he has spotted a Russian Orthodox Church.

Prescription for a long and healthy life. Go to bed the same day you get up.

What is meant by – the priest is an extension of the bishop?

"If any of those who do not believe invites you to dinner, and you desire to go, eat whatever is set before you, asking no question for conscience sake." 1 Cor. 11:27

Orthodox worship God with song. These songs teach us. Listen to the words.

The attendance at Church services during the summer tumbles in spite of the fact that many churches are air-conditioned. This can be demoralizing, as those who faithfully attend ask themselves: "If they're not attending, why should I?"; and clergy get discouraged and think: "whom am I serving this Liturgy for – the walls?"



EDITORS' NOTES

At last, Baba has an image! Is this how you imagined her or do you think she should wear a babushka?

We enjoy sitting on our new front porch, sipping cool lemonade and enjoying a fresh breeze which tickles the leaves. We philosophize and can feel ourselves "recharged" spiritually, mentally, and physically.

Slowly, but steadily, women are forming organizations. These groups have varying agendas and most are doing serious research on the place of women in the church. They are making change. When we first started **The Orthodox Herald**, women were not allowed into the deliberating room of a national church sobor even as observers, now they can be delegates with full voting rights. It created disturbance in many parishes when women wanted to vote, now they hold office on the board. We remember when a hierarch of the church refused to bless the bread and salt when he was greeted by a woman embarrassing her to no end by loudly asking: "Where are the men?" During services women stood on one side of the church, the men stood on the other.

If women do not have a caucus at the many sobors, councils, synod or meetings being held this year, it won't be long before they do. Meanwhile, colorful packets of information are being sent out to delegates. Yet they complain that they have no significant voice and the meetings are fragmented, programmed and planned. An informal survey was done on what some delegates remembered from their last meeting. "Nothing was accomplished that I can remember, but it was nice to get together with friends from all over." What a shame when the number of congregants is plunging and attendance at services is poor. Why"

Enjoy your summer. Don't forget God.

The Stroyens

* * * * * *

Too many people are clamoring for freedom to do what ought not to be done.

PRESS FUND

Боже, благослови этих людей

God bless these people who are helping us to keep printing and to you who send us notes of encouragement. John Chichilla, John Russian, Irene Allen, Paul Stuchlak, Martha Krawzik, Linda Wilmarth, Mary Evanchick, Dorothy Laskovich, Connie Morgan, Matushka Elizabeth LaBrecht, Mary Kochmaruk, Susan and John Petro, Ethel Watlock, Leo and Musya Sakovich, **Enid and Wayne Knagin**, Anonymous, Anne Dorozynski, Matushka Jean Chromiak. **Helen Yencha** in memory of her mother Susan Chawojsky who died May 2, 1998. Pauline Vinay in memory of Mary Oyler. Mary Arden in memory of her sister Anna. Marie Derkasch in memory of her husband William. Pete and Dorothy Petronka in memory of cousin Paul Petronka. Doris Rusinko for prayers for Paula and Elaine. Kathy Pappas for prayers. Michael Uhrin for prayers for Uhrin, Albers, Brisbane, Sulin and Evancho families. **Steve and Leonora Evancho** for health of Claudia Sulin, Fr. and Matushka Stroyen, Fr. Paul and Matushka Mary Shafran, in Memory of **Irene Tus** and their parents John and Anna Sulin, George and Helen Evancho. Father Basil and Matushka Nina Stroyen best wishes on their 50th anniversary to Steve and Leonora Evancho. We've been blessed to have met them on one of the Heritage Trips.

ETHNIC CHUCKLE

Dorohaya Tyotya Mareea,

Yak tam kolo vas? Yah taka worried boh yah ne hearing from you takee long time. Yah hoping zhe everything OK. Mozhe ve bullee barz busy boh so many touristee in summer.

Toot kolo nas neh too much doing. Bullo tak horocho zhe yah sitting nah swingee nah porchyu ee watching yak druhee hurrying along.

Noh nah Sunday me poshlee nah malee trip ee shoska happen zeh yah mahla takee fight with me husband. Me neh want to take chance dostatee dobree dinner nah restaurantye boh ohne takee busy zhe yah decided to make sandwichee nah trip. Yah ee doh toho make potato salad ee keksu. Kolee preshoh chas eestee me nashlee shady spot kolo picnic table ee yah po fixovala shitko nah table. Me malee takee nice lunch. Allee kolee eating keksu preshla oss (fee) ee bit me husband. Yah tak fast beehala doh caru zah first aid kit. Kolee yah open glove compartment shitko pallo - sunglasses, paper napkins, druhee paperya, flashlight, mapee, staree krekesee ee peesmo yah vam napeesala a month ago. No wonder zhe neh dostala answer!

Yah bulla taka mad me staree lucky zhe osa (bee) yeho bit boh yah be yehmu dala.

Budte Zdrovee,
Hanya

THE APOCRYPHA

There is a period of about 400 years between the Old and New Testaments. The book called the Apocrypha, which covers this period, is not included in most Bibles, as the Protestant world has rejected them and most English language bibles were translated by Protestants.

The word "apocrypha" means hidden and has referred, during various periods and places, to their unknown or hidden authorship or to their unofficial status in the Orthodox Church, which accepts the books as canonical, and treasures them and uses them liturgically, but does not use them as primary sources in the definition of dogmas.

The books of the Apocrypha are sometimes categorized as "Deutero-canonical," which is the preferred name. Their numbers vary but include about 12 books. The most familiar are "Ecclesiasticus", "The Wisdom of Solomon" and the books of "Maccabees."

The Apocrypha can be purchased as a separate book if your Bible does not include it.

WINTER'S GRACE

Whenever our lives take an unexpected twist or turn, landing us in new circumstances, the world as we know it <u>does</u> pass away. As we read in 1 Corinthians "the form of this world is passing away." Each of our worlds is constructed of a unique set of building blocks, all in unique relationship to one another. As soon as we shift one block, the rest must assume new positions or the entire "world" will collapse.

Responding to change can be a source of upheaval for ourselves and those around us. Quite naturally, most of us prefer not to have change because it is easier to remain in the old reality.

A good example of responding to change can be found in the calling of the fishermen by Jesus in Matthew 4. The fishermen hear Jesus' call to discipleship. Each has to abandon the world as he knows it – a world of fishing nets, rough and ready camaraderie, and long hours at sea. It is a tough life, but a life to which they are accustomed. Their readiness to follow the mysterious stranger who promises to make them "fishers of men" indicates their flexibility and courage.

Give us the same courage, Lord, when the old world as we know it passes away, to adjust our "blocks" so that our world does not collapse.

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Orthodox Information for Inspiration
Holydays in August
Transfiguration and Dormition

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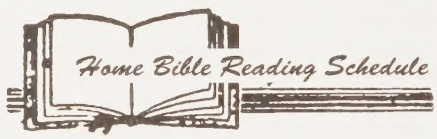
Most weddings before 1950 involved more of the neighbors and parish members than do those held today. Women from these groups were recruited by the family to help prepare the wedding feast, which was usually held in a rented hall. The younger neighbors did the "running" and decorated the hall and cars with crepe paper. A wedding was a "big" deal. Most of the neighbors and parish members were invited to the wedding not by printed invitations but by personal visits by the couple. On the big day, everyone was busy in the hall, cooking and baking enough food not only for that day but enough for the open house at the bride's house next day. The tables were loaded with food which was served family style. There were halupke, breaded pork chops, coated meatballs, mashed potatoes, coleslaw, relishes of all types, and specialties of some of the cooks.

You may not be recruited to cook for a wedding feast but you might make these for a family reunion, get-together or your family. One advantage of these is that they can be made ahead of time and eaten at room temperature.

COATED WEDDING MEATBALLS

1 lb. ground beef
1/2 lb. ground pork

(Continued on Page 15, Col. 3)



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1 Romans 15:17-29	17 Romans 12:1-3
2 Romans 16:1-16	18 Romans 15:1-7
3 Romans 8:14-21	19 1 Cor 9:13-18
4 Romans 10:1-10	20 James 5:10-20
5 Romans 16:17-24	21 1 Cor 10:12-22
6 Cor 1:1-9	22 1 Cor 10:28-11:7
7 Cor 2:9-3:8	23 1 Cor 11:8-22
8 Cor 3:18-23	24 Romans 13:1-10
9 Cor 4:5-8	25 1 Cor 1:10-18
10 Romans 9:1-5	26 1 Cor 11:31-12:6
11 Romans 12:6-14	27 2 Tim 2:1-10
12 1 Cor 5:9-6:11	28 1 Cor 13:4-14:5
13 1 Cor 6:20-7:12	29 1 Cor 14:6-19
14 1 Cor 7:12-24	[illegible]4:26-40
15 Gal 1:11-19	[illegible] 15:32-39
16 1 Cor 7:35-8:7	

BIBL[illegible]

We find the account of the miracle of the Five Loaves in all four gospels. Jesus had been teaching the Word of God all day. When evening came, the disciples asked Him to send the people to the nearby villages to purchase food.

But Jesus told them to feed the people, even though the disciples knew that they did not have the money to buy the amount of food it would take to feed so many people.

The Book of John relates that Andrew found a boy with a lunch of five loaves and two fish. It is interesting that Jesus used something so small to accomplish something so great. Yet what He did with that lunch He can do with any of us.

Jesus did not force the boy to give his lunch to Him. But when the boy was willing to give it, Jesus took it. He is willing to take what we have today and use it if we are willing to place it in His hands.

Once Jesus took the lunch, He blessed it. This means that Christ put something into that boy's lunch that was not there. He blessed it; He put His power upon it. It was not the same. It had been a meal for one; but after Jesus got through with it, it fed more than 5000.

When Jesus touches a life, that life is no longer the same either. But He cannot bless a lunch He does not have, nor can He bless a life He does not have. He can only bless those things that are freely given, wholly and unreservedly into His hands.

There are many other examples in the Bible of so-called little things that accomplish great things. Little is much when God is in it. He wants to use you, regardless of how insignificant you may feel you are. Trust Him.

ICON OF THE URBAN SKY

Fr. Sergei Fudel wrote:

"It is difficult to pray without icons. An icon focuses our prayerful attention, as a magnifying glass focuses diffused sunlight into a spot of intense brightness. The Church Fathers teach that icons proclaim the reality of Christ's humanity. Rejecting icons means renouncing the reality of the Incarnation, i.e., the human nature of Jesus, God and Man.

Yet in our world today, prayer is experienced in strange ways. I was spending the night in a new section of Moscow. Out of

(Continued on Page 16, Col. 2)